

COACHING EVALUATION FORM

NAME:

DATE:

GREETES MEMBERS BY NAME

E G S N

TAKES ATTENDANCE

E G S N

FOLLOWS CLASS TEMPLATE / FLOW

E G S N

EXPLAINS / KNOWS 'THE WHY'

E G S N

TEACHES SKILL / STRENGTH
MOVEMENTS

E G S N

PROVIDES INDIVIDUAL ATTENTION TO
EACH ATHLETE / CLIENT

E G S N

SMOOTHLY TRANSITIONS INTO
CONDITIONING WORK

E G S N

MOTIVATES THE GROUP

E G S N

CORRECTS MOVEMENTS

E G S N

SCALES MOVEMENTS APPROPRIATELY

E G S N

CAMPFIRING / COOL DOWN

E G S N

REMINDS CLIENTS TO RECORD
SCORES

E G S N

PROFESSIONALISM

E G S N

CHEERFULNESS / 'HIGH FIVES'

E G S N

AUTHORITY - CONTROLS THE ROOM

E G S N

KNOWLEDGE

E G S N

E - EXCELLENT G - GOOD S - SATISFACTORY N - NEEDS IMPROVEMENT